



**STUDENT SUPPORT LINE**

## **CONFIDENTIAL TELEPHONE HELP-LINE FOR STUDENTS**

**AVAILABLE 24 HOURS A DAY  
(365 DAYS A YEAR)**

### **WE CAN ASSIST YOU WITH:**

- Stress and anxiety
- Depression
- Financial issues
- Legal issues
- Medical problems
- Psychological problems
- Drug and alcohol dependency
- Gambling addiction
- Exam related pressure
- Homesickness
- Relationship issues
- Personality disorders
- General wellbeing and school/life balance

This service is free of charge to you, and you can use the help-line any time for any number of issues during your time at University/College/School. NO personal information is released to any third party the service is entirely CONFIDENTIAL and you don't even have to give your name if you do not wish to.